



# Bedlington Children's Centre

What's On  
April - July 2018

HOW  
**ACTION FOR  
CHILDREN**  
WORKS

## MONDAY

### Learning Together Through Play

9.30am - 11.00am

Parent and toddler group for  
children 0-5 years old  
Call in anytime, no need to book  
£1.00 per family  
Term time only



### Pre Booking Pregnancy Clinic

4.00pm - 4.30pm

Last Monday of the month

### C-Card Scheme

Available for young  
people up to 24 years old.  
Call **01670 822714**  
for more details.

## TUESDAY

### Midwife Booking Clinic

9.00am - 2.00pm

Must book an appointment

### Sensory Room

Our sensory room is now open  
and can be booked for  
families to use.

The sensory room is available  
to use most mornings, please  
contact 01670 822714  
to book an induction

### IT Skills Course

12.30pm - 2.30pm

17 April - 22 May

Free crèche available

Term time only

**01670 822714**

## WEDNESDAY

### Midwife Booking Clinic

9.15am - 1.00pm

Must book an appointment

### Story, Craft & Rhyme

See reverse for venues  
and details

### English

12.30pm - 2.30pm

Ongoing

Work towards a nationally  
recognised qualification  
Level 1 or Level 2

Free crèche places available

Term time only

Please be advised  
when booking onto courses,  
priority is given to  
families living in the  
area with children aged  
0 - 5 years

## THURSDAY

### Stop Smoking Clinic

9.15am - 12.15pm

Free advice & support  
To make an appointment  
Call 01670 813135

### Cooking Sessions

9.30am - 11.30am

Starting Thursday 17 May  
4 weeks Free crèche places  
available. Term time only

### Parent Craft

10.00am - 12.00pm

Ante-natal advice &  
information. See reverse  
for details  
Programme available from  
reception

### Breastfeeding Support

1.00pm - 2.30pm

Come along and join us for  
information, advice & support

### First Aid

12.30pm - 2.30pm

19 April

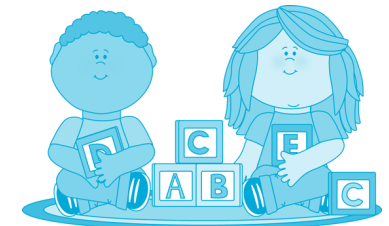
No crèche available

## FRIDAY

### Baby Play

9.30am - 11.00am

Sensory area available to  
use during session  
For children under 1 years  
£1.00 per family  
Term time only



## SATURDAY

### D.A.D.S. Group

at

Ashington Children's Centre  
10.00am - 11.30am

For Dads, male carers and their  
children with fun activities  
Saturday 28 April & 14 July

No need to book  
£1.00 per family

For more details about any of the courses, please visit our website  
[www.centralnorthumberlandchildrenscentres.org](http://www.centralnorthumberlandchildrenscentres.org)

## Free Childcare for Two Year Olds

Did you know any parent in Northumberland with a child already 2 years old and who have a household income of less than £16,190 or their child has a disability could be entitled to **15 hours of FREE** fun and learning for their child.

To find out if you are entitled and where you can use the funding, call Northumberland County Council on **01670 623592** or **0800 023 4440** or visit [www.northumberland.gov.uk/freechildcare](http://www.northumberland.gov.uk/freechildcare)

## Playgroup

Leave your child with our fully qualified Playgroup staff and help get them ready for school. Sessions are for children aged from 2 - 3 years. £12.00 per session or **FREE** depending on income and benefits criteria. For more information contact Bedlington Children's Centre on 01670 822714

Bedlington Station Primary School	Monday - Friday	8.45am - 11.45am
Bedlington Children's Centre	Monday - Friday	12.45pm - 3.45pm

## Story, Craft & Rhyme

Come along and listen to exciting stories & take part in fun craft activities. For children 0-5 years

For all families with children aged 0-5.

Parents/carers of children attending nursery/reception are encouraged to stay for the sessions.

Wednesday morning 9.30am - 10.15am

Dates to be confirmed

Stakeford School, East Ford Road, NE62 5TZ  
Cambois Primary School, NE24 1SF  
Choppington School NE62 5RR

## Want To Stop Smoking?

If so did you know you are more likely to quit with help and support?

Want to know more about e-Cigarettes or Vaping?

We welcome anyone who is already using them or just needs further advice.

Northumberland Stop Smoking Service  
01670 813135

## Child Health Clinics

Tuesday 9.30am - 11.00am at Guidepost Clinic

Wednesday 1.30pm - 3.00pm at The Gables Clinic

Thursday 9.00am - 11.00am at Bedlingtonshire Clinic

## Bedlington Children's Centre

Stead Lane  
Bedlington  
NE22 5JS

01670 822714

[nbedlingtoncc@actionforchildren.org.uk](mailto:nbedlingtoncc@actionforchildren.org.uk)

## Baby Play

Calling all parents/carers with children. Come along to our Baby Play Group every Thursday morning. Meet new people, sing songs, sensory play, lots of fun activities and music. No need to book, just come along

## Parent Craft

A great opportunity for parents-to-be and their supporters to get useful information and ideas to help you prepare for childbirth and caring for your new baby. Full details of dates available from reception or you can ring **01670 822714**